

护理专业2021级本科人才培养方案

一、专业基本信息

学科门类： 医学 专业代码： 101101
授予学位： 理学学士 标准学制： 四年
毕业学分要求： 165学分

二、培养目标与培养要求

1. 培养目标

培养适应社会和我国卫生事业、健康产业发展需要，具有正确的社会主义核心价值观，良好的思想品质和职业道德，系统地掌握基础医学、人文社会和护理学专业专业知识，具有较强的临床护理实践能力，一定的科研创新能力、国际交流能力。同时具备良好的团队合作、人文关怀、自主学习、沟通交流能力。成为德智体全面发展的高级护理人才，毕业后有能力在各级医疗卫生保健系统、医学科研单位从事临床护理、教学、科研、管理工作。

本专业毕业生具有如下目标预测：

(1) 具备临床专科实践能力，且在护理专科实践中有效沟通与合作的能力，学习能力强。具备科学思维和一定的临床研究能力，在实践中发现问题、分析问题并通过护理研究解决问题。在各级医疗卫生保健系统中从事临床护理工作、护理研究工作，并能向专科护士或高级护理管理者发展。能在护理相关的科研教育机构、健康产业中进入管理岗位或教育科研岗位。

(2) 具有良好的语言表达能力及外语应用能力，能够熟练阅读专业外文文献，能规范撰写本专业学术文章，对外开展国际交流工作，并在各级医疗卫生保健系统中进入相关的工作岗位。

2. 毕业要求

学生通过本专业学习，能够掌握护理学及相关的医学和人文社会科学的基本理论、基本知识和技能，熟悉与心理、社会、健康相关的评估和干预方法，了解学科发展和国家卫生政策，具有立德树人、正确的护理职业态度、创新和合作精神，具备保护各利益方权益的能力，能够按护理程序对不同群体在不同的医疗服务场所开展临床护理工作的能力及具备教学、科研、国际交流和自主学习的综合能力。

毕业能力要求及其指标点分解：

毕业能力要求	指标点
毕业要求1： 立德树人	1-1. 树立科学的世界观和人生观，热爱祖国，忠于人民。
	1-2. 专业教育和思政教育相结合，培养具有高超专业素质及崇高理想、高尚品德和仁爱之心的护理人才，将“德医交融”新理念贯穿于专业课程的始终。
	1-3. 以专业知识和技能为载体，充分挖掘其所蕴含的思想政治教育资源，将其融入专业课程教学和改革的各环节、各方面，扭转专业课程教学重智轻德现象。
	1-4. 培养学生全面地观察人和理解人的能力，适应以“患者为中心”的“整体护理”新模式的转变。

毕业要求2： 具备的正确的护理职业态度	2-1. 对护理学科的性质有正确的认知，对其发展具有责任感，初步形成以维护和促进人类健康为己任的专业价值观。
	2-2. 关爱生命，尊重护理对象的价值观、文化习俗、个人信仰和权利，平等、博爱，体现人道主义精神和全心全意为护理对象的健康服务的专业精神。
	2-3. 具有科学精神、慎独修养、严谨求实的工作态度和符合职业道德标准的职业行为。
	2-4. 树立依法行护的法律观念，遵从医疗护理相关法规，自觉将专业行为纳入法律和伦理允许的范围内，具有运用相关法规保护护理对象和自身权益的意识。
毕业要求3： 具备创新和合作精神	3-1. 尊重同事和其他卫生保健专业人员，具有良好的团队精神和跨学科合作的意识。
	3-2. 具有创新精神，树立终身学习的观念，具有主动获取新知识、不断进行自我完善和推动专业发展的态度。
	3-3. 初步形成科学的质疑态度和批判反思精神，具有循证实践、勇于修正自己或他人错误的态度。
毕业要求4： 具备保护各利益方权益的能力	4-1. 在应用各种护理技术时应充分考虑护理对象及家属权益，对于不能胜任或不能安全处理的护理问题，应具有寻求上级护师帮助的意识。
	4-2. 初步形成成本效益观念，具有利用一切可利用资源，以最小的医疗成本获取护理对象最佳健康水平的意识。
毕业要求5： 掌握自然科学、人文和社会科学、基础医学、护理学的基本知识	5-1. 掌握与护理学相关的自然科学、人文和社会科学的基础知识和科学方法。
	5-2. 掌握护理学基础理论和基本知识。
	5-3. 掌握人体正常结构、功能、心理状态及其发展变化。
	5-4. 掌握生命各阶段常见病、多发病、急危重症护理对象的护理。
	5-5. 掌握常见传染病的预防、控制和管理知识。
	5-6. 掌握基本的药理知识和临床用药及药品管理知识。
毕业要求6： 熟悉与心理、社会、健康相关的评估和干预方法	6-1. 熟悉影响健康与疾病的生物、心理、社会因素及其评估和干预方法。
	6-2. 熟悉不同护理对象的基本心理需要和常见临床心理问题的评估和干预方法。
	6-3. 熟悉不同人群卫生保健的知识和方法，掌握健康教育、疾病预防、疾病康复和临终关怀的有关知识。

五、实践教学环节

1、 分散性实践（实验、上机、实践）：总学分 27.25；总学时：872。

2、 集中性实践环节

序号	课程名称	周数	学分	培养模式
(1)	军事技能	3	2.0	学校
(2)	临床护理思维和实践能力综合训练1	1	0.5	学校+企业（社会）
(3)	跨专业创新思维训练（含专业英文文献导读）	1	0.5	学校+企业（社会）
(4)	跨文化护理与交流	1	0.5	学校+企业（社会）
(5)	科研能力训练	1	0.5	学校+企业（社会）
(6)	临床护理思维和实践能力综合训练2	2	1.0	学校+企业（社会）
(7)	毕业实习与毕业作业	41	20.5	学校+企业（社会）
(8)	临床护理思维和实践能力综合训练3	1	0.5	学校+企业（社会）
(9)	创新实践环节	-	4.0	学校+企业（社会）
合计		51	30.0	-

3、 实践学分比例：34.7%（保留到小数点后一位）
计算方法：（分散性实践学分+集中性实践环节学分）/本专业总学分

六、短学期安排

序号	课程名称	学分	各短学期学时分配			备注
			短学期1	短学期2	短学期3	
1	军事技能	2.0	3周			
2	临床护理思维和实践能力综合训练1	0.5		1周		
3	跨专业创新思维训练（含专业英文文献导读）	0.5		1周		
4	跨文化护理与交流	0.5		1周		
5	科研能力训练	0.5			1周	
6	临床护理思维和实践能力综合训练2	1.0			2周	
合计		5.0	3周	3周	3周	

七、学分分布

课程类别	学分/比例	其中实验实践学分/比例	其中选修学分/比例
通识教育课程	41/24.8%	10.25/6.2%	6/3.6%
学科平台课程	43/26.1%	8.75/5.3%	0/0%
专业教育课程	67.5/40.9%	30.125/18.3%	26.5/16.1%
能力拓展课程	13.5/8.2%	8.125/4.9%	0/0%
总计	165/100%	57.25/34.7%	32.5/19.7%

八、辅修专业计划及要求

辅修专业课程学分为20学分，辅修专业学位32学分：

课程 编码	课程名称	学分/学时	各学期周学时分配					备注
			三	四	五	六	七	
								辅修专业课程 (20学分)
								学位课程 (12学分)
	学位论文 (设计)	8						

Nursing Major 2021 Undergraduate Curriculum

I 、 Basic Information

Discipline:	Medicine	Major Code :	101101
Degrees Conferred:	Bachelor of Science	Duration:	4 years
Requirements for Graduation Credits:	165 credit		

II 、 Educational Objectives and Requirements

1. Educational Objectives

To cultivate and adapt to the needs of the society and the development of China's health undertakings and health industry; to have correct socialist core values, excellent ideological quality and professional ethics; to systematically master the professional knowledge of basic medicine, humanities and nursing; to have strong clinical nursing practice, scientific research and innovation ability, and international communication ability. Be good at communication skills and team spirit, humanistic care, lifelong learning and self-development. Be able to engage in clinical nursing, teaching, scientific research and management in various medical and health care systems and medical research institutions after graduation.

Graduates should obtain knowledge and competences as follows:

- (1) With scientific thinking and certain clinical research ability, applying the professional knowledge that have learned to clinical nursing practice, finding problems in practice, analyzing problems and solving problems through nursing research.
- (2) Having the clinical specialized practice ability, the effective communication and the cooperation ability in the nursing specialized practice, and to develop to the specialized nurse or the senior nursing manager.
- (3) Having good language expression ability and foreign language application ability, be able to read professional foreign literature proficiently, write professional academic articles in a standard manner, and carry out international communication with foreign countries.
- (4) Be competent for management position or the educational research position in the nursing related scientific research and education or health industry.
- (5) To be able to develop a career as an international nurse in Europe and the United States.

2. Graduation Requirements

Graduates should obtain knowledge and competences as follows:

Graduation Requirements	Indices
Requirement 1: Moral Education and Character Cultivation	1-1. To establish a scientific world outlook and outlook on life, love the motherland, loyal to the people.
	1-2. Professional education is combined with ideological and political education to cultivate nursing talents with excellent professional quality, lofty ideals, noble morality and benevolent heart, and the new concept of "integration of morality and medicine" runs through the whole course of professional courses.
	1-3. With professional knowledge and skills as the carrier, we should fully explore the ideological and political education resources contained in it, integrate it into all aspects of the teaching and reform of professional courses, and reverse the phenomenon that the teaching of professional courses attaches more importance to wisdom than to morality.
	1-4. To train students' ability to observe and understand people comprehensively, and to adapt to the change of the new model of "patient-centered" "holistic care".

Requirement 2: With the right attitude towards nursing profession	2-1. Have a correct understanding of the nature of nursing discipline, have a sense of responsibility for its development, and initially form the professional value of maintaining and promoting human health.
	2-2. Care for life, respect the values, cultural customs, personal beliefs and rights of the nursing object, equality and fraternity, embody the humanitarian spirit and the professional spirit of serving the health of the nursing object wholeheartedly.
	2-3. With scientific spirit, self-cultivation, rigorous and realistic work attitude and professional behavior in line with professional ethics standards.
	2-4. Establish the legal concept of nursing according to law, comply with relevant laws and regulations of medical care, consciously bring professional behavior into the scope of legal and ethical permission, and have the consciousness of using relevant laws and regulations to protect the nursing object and their own rights and interests.
Requirement 3: A spirit of innovation and cooperation	3-1. Respect for colleagues and other health care professionals, with good team spirit and sense of interdisciplinary cooperation.
	3-2. With the spirit of innovation, setting up the concept of lifelong learning, having the initiative to acquire new knowledge, continuous self-improvement and promote professional development attitude.
	3-3. Initially formed a scientific attitude of questioning and critical reflection, with evidence-based practice, the courage to correct their own or others wrong attitude.
Requirement 4: Be able to protect the interests of all interested parties	4-1. In the application of a variety of nursing techniques should fully consider the rights and interests of the nursing objects and their families, for the nursing problems can not be competent or not safe to deal with, should have the awareness of seeking help from the superior nurse.
	4-2. Initially formed the concept of cost-benefit, with the use of all available resources, with the minimum medical cost to obtain the best health level of the care object consciousness.
Requirement 5: Master the basic knowledge of natural science, humanities and social science, basic medicine and nursing	5-1. Master the basic knowledge and scientific method of natural science, humanities and social science related to nursing.
	5-2. Master the basic theory and knowledge of nursing.
	5-3. To grasp the normal structure, function, psychological state and its development.
	5-4. Master the nursing of common diseases, frequently-occurring diseases and critical care objects in all stages of life.
	5-5. Master the knowledge of the prevention, control and management of common infectious diseases.
	5-6. Master the basic knowledge of pharmacology, clinical medication and drug management.

Requirement 6: Familiar with psychological, social, and health-related assessments and interventions	6-1.Familiar with the biological, psychological, and social factors that affect health and illness, and with their assessment and intervention methods.
	6-2. Familiar with the basic psychological needs of different nursing objects and the assessment and intervention methods of common clinical psychological problems.
	6-3.Familiar with the knowledge and methods of health care for different groups of people, master the knowledge of health education, disease prevention, disease rehabilitation and hospice care.
Requirement 7: Knowledge of subject development and national health policy	7-1.Understand the basic guidelines, policies and regulations of national health work.
	7-2.Understand the basic knowledge of traditional Chinese medicine and the basic methods of nursing.
	7-3.Understand the development trend of nursing.
Requirement 8: Ability to carry out clinical nursing work for different groups in different medical service places according to nursing procedures	8-1. Ability to effectively communicate and cooperate with nursing clients and related professionals in professional practice.
	8-2.Basic ability to use multidisciplinary knowledge and assessment skills to develop care plans and implement holistic care for different care subjects.
	8-3.Master basic nursing technology, first aid nursing technology, basic specialist nursing technology and have the ability to cooperate with the implementation of common diagnosis and treatment technology.
	8-4.Have the ability of observation and nursing of common and frequently-occurring diseases.
	8-5.With the initial critical and severe, disaster rescue and emergency rescue ability.
	8-6.Basic ability to engage in community care and to provide culturally appropriate health care services to individuals, families, and communities in a variety of Settings.
	8-7.Ability to make initial use of critical thinking and clinical decision making to ensure safe and effective professional practice.
Requirement 9: Comprehensive ability in teaching, research, international communication and self-development	9-1.Has the preliminary engaged in clinical teaching, for the nursing object to provide the maintenance of health and health promotion ability.
	9-2. Master the basic methods of literature retrieval and data collection, and have the basic skills of using modern information technology to effectively obtain and utilize professional information of nursing and study nursing problems.
	9-3.Ability to read nursing literature and communicate internationally in a foreign language.
	9-4.Have the basic ability of self-study and self-development and be able to adapt to the changing health care needs of the society.

III、 Main Disciplines and Related Majors

Main Disciplines: Basic medicine、 Nursing、 Sociology

Related Majors: Clinical Medicine Science

IV、 Core Courses

Internal Medicine Nursing、 Surgical Nursing、 Pediatric Nursing、 Obstetrics and Gynecology Nursing、 Nursing Ethics and Law、 Community and Public Health Nursing、 Mental Health Nursing

V、 Practical Teaching Session

1、 Separate Practice (Experiment, Programming and Practice) :
Total Credits: 27.25 ; Total Hours: 872 .

2、 Intensive Practice

No.	Course Name	Weeks	Credit	Training Mode
(1)	Military Skill Training	3	2.0	Schools
(2)	Comprehensive Training of Clinical Thinking and Practical Ability I	1	0.5	Schools and Enterprises (Society)
(3)	Professional Creative Thinking and Practice	1	0.5	Schools and Enterprises (Society)
(4)	Cross-cultural Nursing and Communication	1	0.5	Schools and Enterprises (Society)
(5)	Scientific Research Ability Training	1	0.5	Schools and Enterprises (Society)
(6)	Comprehensive Training of Clinical Thinking and Practical Ability II	2	1.0	Schools and Enterprises (Society)
(7)	Graduation Practice and Graduation Work	41	20.5	Schools and Enterprises (Society)
(8)	Comprehensive Training of Clinical Thinking and Practical Ability III	1	0.5	Schools and Enterprises (Society)
(9)	Innovation Practice	-	4.0	Schools and Enterprises (Society)
Total		51	30.0	-

3、 Practice Credits Proportion: 34.7 %
Calculation Method :(Separate practice credits + Intensive practice credits)/ Total credits of this major

VI、 Short Semester Arrangement

No.	Course Name	Credit	Short Semester Hour Distribution			Notes
			Short Semester1	Short Semester2	Short Semester3	
1	Military Skill Training	2.0	3 weeks			
2	Comprehensive Training of Clinical Thinking and Practical Ability I	0.5		1 week		
3	Professional Creative Thinking and Practice	0.5		1 week		
4	Cross-cultural Nursing and Communication	0.5		1 week		
5	Scientific Research Ability Training	0.5			1 week	
6	Comprehensive Training of Clinical Thinking and Practical Ability II	1.0			2 weeks	
Total		5.0	3 weeks	3 weeks	3 weeks	

VII、 Credit Distribution

Course Type	Credits/Proportion	Experiment and Practice Credits/Proportion	Optional Credits/Proportion
General Education	41/24.8%	10.25/6.2%	6/3.6%
Discipline Education	43/26.1%	8.75/5.3%	0/0%
Specialized Education	67.5/40.9%	30.125/18.3%	26.5/16.1%
Competency Development	13.5/8.2%	8.125/4.9%	0/0%
Sum	165/100%	57.25/34.7%	32.5/19.7%

VIII、 Minor Programs and Requirements

Minor Courses: (There are 20 credits for minor courses and 32 credits for minor degrees)

Course Code	Course Name	Credits/Hours	Weekly Hour Per Semester					Notes
			3	4	5	6	7	
								Minor Courses (20)
								Minor Degree Courses (12)
	Thesis	8						

IX、主要课程与毕业能力要求关系矩阵图(相关性强H,相关性中M, 相关性弱L)

IX、 Correlation Matrix between Key Courses and Graduation Requirements (High Correlation—H, Medium Correlation—M, Low Correlation—L)

能力 (Requirements) 课程(Courses)	毕业能力1 Requirement 1				毕业能力2 Requirement 2				毕业能力3 Requirement 3			毕业能力4 Requirement 4		毕业能力5 Requirement 5						毕业能力6 Requirement 6			毕业能力7 Requirement 7			毕业能力8 Requirement 8							毕业能力9 Requirement 9			
	1.1	1.2	1.3	1.4	2.1	2.2	2.3	2.4	3.1	3.2	3.3	4.1	4.2	5.1	5.2	5.3	5.4	5.5	5.6	6.1	6.2	6.3	7.1	7.2	7.3	8.1	8.2	8.3	8.4	8.5	8.6	8.7	9.1	9.2	9.3	9.4
思想道德与法治 Cultivation of Ideological Morality and Basis of Law	H	M	M		M	M	H	H			L			H									H													
中国近现代史纲要 Outline of Chinese Contemporary and Modern History														H																						
马克思主义基本原理 Elementary Theory of Marxism														H																						
毛泽东思想和中国特色社会主义理论体系概论 Mao Zedong Thought and Theory of Socialism with Chinese Characteristics														H																						
思想政治理论综合实践 Comprehensive Practice of Ideological and Political Theory	H	M	M		M	M	H	H			L			H									H													
形势与政策 Current Situation and Policies																							H													
大学英语 College English																																				H
计算机文化基础 Fundamentals of Computer Culture																																			H	
军事理论 Military Theory	H																																			
军事技能 Military Skill Training	H																																			

能力 (Requirements)	毕业能力1 Requirement 1				毕业能力2 Requirement 2				毕业能力3 Requirement 3			毕业能力4 Requirement 4		毕业能力5 Requirement 5						毕业能力6 Requirement 6			毕业能力7 Requirement 7			毕业能力8 Requirement 8							毕业能力9 Requirement 9			
	1.1	1.2	1.3	1.4	2.1	2.2	2.3	2.4	3.1	3.2	3.3	4.1	4.2	5.1	5.2	5.3	5.4	5.5	5.6	6.1	6.2	6.3	7.1	7.2	7.3	8.1	8.2	8.3	8.4	8.5	8.6	8.7	9.1	9.2	9.3	9.4
体育 Physical Education																																				
新生研讨课 Freshman Seminar				M	H	M	M				L	L	L												H											H
职业规划与就业指导 Career Planning and Employment Guidance	H				M																		H	H	M											
心理健康 Mental Health	H	M		M																																
医用高等数学 Medical Advanced Mathematics		M	M				H			M	M			H																				L		M
医用化学 Medical Chemistry							L			L	L			H				M																	L	
Python语言程序设计 Python Programming																																		H		
人体解剖学 Human Anatomy		H	H			M																														
生物化学 Biochemistry														H	H	H																				
组织学与胚胎学 Histology and Embryology														M		H																	M	M		M
生理学 Physiology	M	M	M	H			M		M	M	L			H		H																				
医学微生物学与寄生虫学 Medical Microbiology and Parasitology	M	M	M							M				M			H					M							M							M
护理学导论 Fundamentals Concept of Health and Nursing	H	H	H	M	H			H			L			H									H		H	H										
免疫学 Immunology	M			L			L			L				H			M					M				L			M							M

能力 (Requirements)	毕业能力1 Requirement 1				毕业能力2 Requirement 2				毕业能力3 Requirement 3			毕业能力4 Requirement 4		毕业能力5 Requirement 5						毕业能力6 Requirement 6			毕业能力7 Requirement 7			毕业能力8 Requirement 8							毕业能力9 Requirement 9				
	1.1	1.2	1.3	1.4	2.1	2.2	2.3	2.4	3.1	3.2	3.3	4.1	4.2	5.1	5.2	5.3	5.4	5.5	5.6	6.1	6.2	6.3	7.1	7.2	7.3	8.1	8.2	8.3	8.4	8.5	8.6	8.7	9.1	9.2	9.3	9.4	
病理学与病理生理学 Pathology and Pathophysiology							L							L	L	H	H			L	M	M							H								
药理学 Pharmacology	M	H	H			L	L	L	L	L	M							H																			
基础护理学 Fundamentals of Nursing		L		L			M				L		L			H									H				H						M		
基础护理学技能训练 Nursing Simulation: Fundamentals of Nursing		L		L			L									H													H						L		
健康评估 Health Assessment			H				M									H						H				L	H		M						M		
健康评估技能训练 Simulation Practice of Health Assessment					H	H	H		L	L	L					H						M	M						M							M	
临床护理思维和实践能力训练 I Comprehensive Training of Clinical Thinking and Practical Ability I						H	H	H	M		M											H	H				H	H	H								
内科护理学 Internal Medicine Nursing				M		L											H	H				H						H		H							
内科护理学实训 Simulation Practice of Internal Medicine Nursing				H			L									H												H								M	
外科护理学 Surgical Nursing				H											H		H		M							H	H	H	H						H		
外科护理学实训 Simulation Practice of Surgical Nursing				H			L									H												H								M	
儿科护理学 Pediatric Nursing				H		H																					H	H	H							M	
儿科护理学实训 Simulation Practice of Pediatric Nursing		H		H		H										H	H					L	M					H	H	H			H		M		

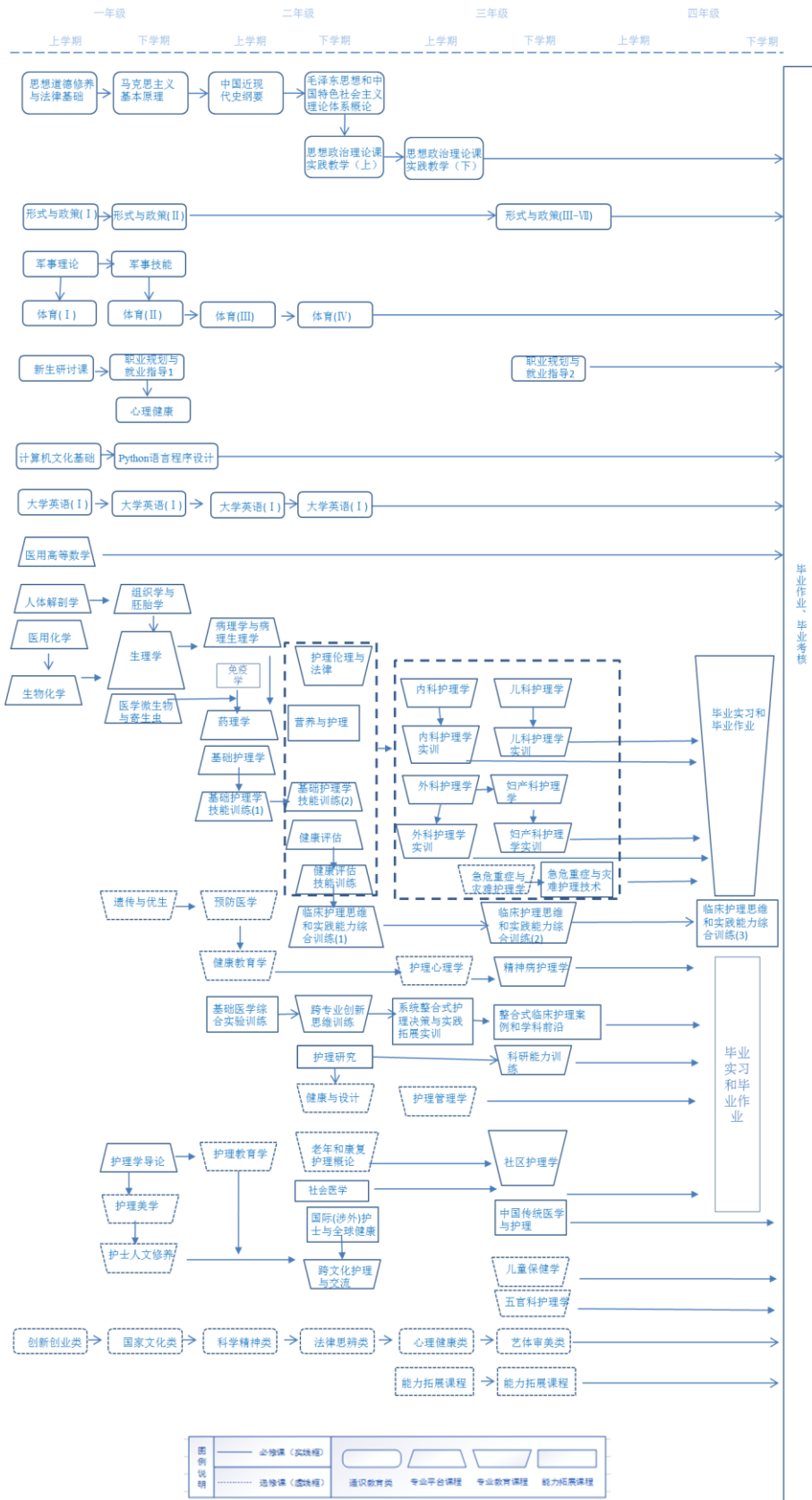
能力 (Requirements)	毕业能力1 Requirement 1				毕业能力2 Requirement 2				毕业能力3 Requirement 3			毕业能力4 Requirement 4		毕业能力5 Requirement 5						毕业能力6 Requirement 6			毕业能力7 Requirement 7			毕业能力8 Requirement 8							毕业能力9 Requirement 9			
	1.1	1.2	1.3	1.4	2.1	2.2	2.3	2.4	3.1	3.2	3.3	4.1	4.2	5.1	5.2	5.3	5.4	5.5	5.6	6.1	6.2	6.3	7.1	7.2	7.3	8.1	8.2	8.3	8.4	8.5	8.6	8.7	9.1	9.2	9.3	9.4
妇产科护理学 Obstetrics and Gynecology Nursing	H			H			M		H	H							H		H								H	H								
妇产科护理学实训 Simulation Practice of Obstetrics and Gynecology Nursing				H		L		L	H			H			H						H					M	M									
护理伦理与法律 Nursing Ethics and Law	H	H	H	H		H	H	H													H					H									M	
社区护理学 Community and Public Health Nursing			H						M				L		H			M				H	L						H							
精神病护理学 Mental Health Nursing						L		L												M	M						H		H			H				
预防医学 Phylaxiology																		H				H	M							L		M				
护理研究 Nursing Research	H		H		L		H			M	H													H									H			
老年和康复护理概论 Gerontological Rehabilitation Nursing	M					H														H	H	H				H	H								M	
护理管理学 Nursing Education		H					H	M																		H							M			
护理教育学 Nursing Education			M					L			M												L	L								H				
护理心理学 Nursing Psychology		H	H	H	M	M								H		H					H	H				M	M									
急危重症和灾难护理学 Critical care and disaster care	H					M			M							H													H							
护士人文修养（必选） Nurses' Humanistic Diathesis	H	H	H	H		M	L						H																							

能力 (Requirements) 课程(Courses)	毕业能力1 Requirement 1				毕业能力2 Requirement 2				毕业能力3 Requirement 3			毕业能力4 Requirement 4		毕业能力5 Requirement 5						毕业能力6 Requirement 6			毕业能力7 Requirement 7			毕业能力8 Requirement 8							毕业能力9 Requirement 9				
	1.1	1.2	1.3	1.4	2.1	2.2	2.3	2.4	3.1	3.2	3.3	4.1	4.2	5.1	5.2	5.3	5.4	5.5	5.6	6.1	6.2	6.3	7.1	7.2	7.3	8.1	8.2	8.3	8.4	8.5	8.6	8.7	9.1	9.2	9.3	9.4	
健康与设计 Health and Design									H	H	H																										
五官科护理学 Ophthalmology Otorhinolaryngology and Stomatology Nursing				H																						H	H	H	H								
护理美学 Nursing Aesthetics		L					H							M																							
儿童保健学 Child Health Care	H	H	H	H	M							H				L	L														M						
卫生经济学 The Economics of Health and Health Care	H					H	H	L																	H												
医学导论 Introduction of Medicine	H			M			M		H	M	M		L												H												
健康教育学 Health Education	M	M		M	M															H		H				H	H										
遗传与优生 Genetics and Eugenics	H	H			L															H																M	
跨专业创新思维训练（含专业 英文文献导读） Professional Creative Thinking and Practice				L					H	H	H																						M	M	M	M	
跨文化护理与交流 Cross- cultural Nursing and Communication				H	M	M																					M									M	
科研能力训练 Scientific Research Ability Training										H	H																							H	H		
临床护理思维和实践能力训练 2 Comprehensive Training of Clinical Thinking and Practical Ability II				H			H		M	M						H		H									H	H									

能力 (Requirements)	毕业能力1 Requirement 1				毕业能力2 Requirement 2				毕业能力3 Requirement 3			毕业能力4 Requirement 4		毕业能力5 Requirement 5						毕业能力6 Requirement 6			毕业能力7 Requirement 7			毕业能力8 Requirement 8							毕业能力9 Requirement 9			
	1.1	1.2	1.3	1.4	2.1	2.2	2.3	2.4	3.1	3.2	3.3	4.1	4.2	5.1	5.2	5.3	5.4	5.5	5.6	6.1	6.2	6.3	7.1	7.2	7.3	8.1	8.2	8.3	8.4	8.5	8.6	8.7	9.1	9.2	9.3	9.4
课程(Courses)																																				
毕业实习与毕业作业 Graduation Practice and Graduation Work	M	M	M	M	H	H	H	H	M	M	M	M	M							H	H	H	M	M	M	H	H	H	H	H	H	H	M	M	M	M
临床护理思维和实践能力训练 3 Comprehensive Training of Clinical Thinking and Practical Ability III					H		H				M				H		H												H	H						
整合式临床护理案例和学科前 沿 Integrated Clinical Nursing Cases and Discipline Frontiers				M		L															M				H		H									
基础医学综合实验训练 Comprehensive Experiment of Foundation Medicine		H				M	M		M						H	H											H		H					M		
社会学 Social Medicine						M															H		L				L						L			
营养与护理 Nutrition and Nursing		L																				H											M			
国际（涉外）护士与全球健康 International Nurses and Global Health						M				M															M											H
系统整合式内外科护理学实训 System-Integrated Nursing Decision-making and Practice Development				H			L									M											H									H
中国传统医学与护理 Traditional Chinese Medicine and Nursing		M				M												M						H		H					H	H				M
急危重症和灾难护理技术 Critical Care and Disaster Nursing Techniques	H						H		H								L										M		H							

能力 (Requirements)	毕业能力1 Requirement 1				毕业能力2 Requirement 2				毕业能力3 Requirement 3			毕业能力4 Requirement 4		毕业能力5 Requirement 5						毕业能力6 Requirement 6			毕业能力7 Requirement 7			毕业能力8 Requirement 8							毕业能力9 Requirement 9			
	1.1	1.2	1.3	1.4	2.1	2.2	2.3	2.4	3.1	3.2	3.3	4.1	4.2	5.1	5.2	5.3	5.4	5.5	5.6	6.1	6.2	6.3	7.1	7.2	7.3	8.1	8.2	8.3	8.4	8.5	8.6	8.7	9.1	9.2	9.3	9.4
第二课堂 Co-curricular Activities	H																																			H
创新创业训练 Innovation and Entrepreneurship Training	H				M	M																	H	L	L											

护理学课程体系配置图 Curriculum System Configuration Diagram



护理专业教学进程表

Table of Teaching Schedule for NURSING Major

课程类别 Course Type	课程性质 Course Nature		序号No.	课程名称 Course Name	学 分 Credits	总学时 数 Total Credit Hours	学时分配 Credit Hour Distribution				各学期周学时分配 Weekly Hours Per Semester								课程考试 学期 Examina tion Semester	开课 学院 School	备 注 Notes		
							讲 课 Lecture	实 验 Experiment	上 机 Program ming	实 践 Practice	一 1st	二 2nd	三 3rd	四 4th	五 5th	六 6th	七 7th	八 8th					
							通识教育课程 General Education	思政类 Ideological and Political Courses	1	思想道德与法治 Cultivation of Ideological Morality and Basis of Law	3.0	48	48					3					
2	中国近现代史纲要 Outline of Chinese Contemporary and Modern History	3.0	48	48									3									26	
3	马克思主义基本原理 Elementary Theory of Marxism	3.0	48	48								3										26	
4	毛泽东思想和中国特色社会 主义理论体系概论 Mao Zedong Thought and Theory of Socialism with Chinese Characteristics	5.0	112	48						64					3	2					4	26	
5	形势与政策 Current Situation and Policies	2.0	64	16						48	1	1	1	1	1	1	1	1				26	第1-2学期讲课，第3-8学期采用备案制 (Semester 1-2 using lectures, semester 3-8 using the filling system)
外语类 Foreign Language Courses	6	大学英语 College English	8.0	192	192						3	3	3	3						1234	12		
计算机类 Computer Courses	7	计算机文化基础 Fundamentals of Computer Culture	1.0	48	16				32		3										32	SPOC在线学习第一学 期 (SPOC Online Learning in the 1st semester)	

课程类别 Course Type	课程性质 Course Nature	序号No.	课程名称 Course Name	学 分 Credits	总学时 数 Total Credit Hours	学时分配 Credit Hour Distribution				各学期周学时分配 Weekly Hours Per Semester								课程考试 学期 Examina tion Semester	开课 学院 School	备 注 Notes	
						讲 课 Lecture	实 验 Experiment	上 机 Program ming	实 践 Practice	一 1st	二 2nd	三 3rd	四 4th	五 5th	六 6th	七 7th	八 8th				
	合计 Total			41.0																	
学科平台课程 Discipline Education	学科基础课程 Basic Courses	14	医用高等数学 Medical Advanced Mathematics	1.5	24	24				3									28	9-16周	
		15	医用化学 Medical Chemistry	1.5	24	24				3										28	1-8周
		16	Python语言程序设计 Python Programming	3.0	64	32		32			4									32	
		17	人体解剖学 Human Anatomy	3.5	72	40	32			5								1		28	
		18	生物化学 Biochemistry	3.5	64	48	16			4										28	
		19	组织学与胚胎学 Histology and Embtyology	1.5	28	20	8				5									28	1-6周
		20	生理学 Physiology	3.5	64	48			16		6									28	4-14周
		21	医学微生物学与寄生虫学 Medical Microbiology and Parasitology	2.5	48	32	16				4							2		28	
		22	护理学导论 Fundamentals Concept of Health and Nursing	2.0	40	24			16		4									28	7-16周
		23	免疫学 Immunology	2.0	32	32							2							28	
24	病理学与病理生理学 Pathology and Pathophysiology	3.5	64	48	16						6					3		28	1-11周		

课程类别 Course Type	课程性质 Course Nature	序号No.	课程名称 Course Name	学 分 Credits	总学时 数 Total Credit Hours	学时分配 Credit Hour Distribution				各学期周学时分配 Weekly Hours Per Semester								课程考试 学期 Examina tion Semester	开课 学院 School	备 注 Notes		
						讲 课 Lecture	实 验 Experiment	上 机 Program ming	实 践 Practice	一 1st	二 2nd	三 3rd	四 4th	五 5th	六 6th	七 7th	八 8th					
学科平台课程 Discipline Education	学科基础课程 Basic Courses	25	药理学 Pharmacology	3.5	56	56						4						3	28			
		26	基础护理学 Fundamentals of Nursing	4.0	64	64							4						3	28		
		27	基础护理学技能训练 Nursing Simulation: Fundamentals of Nursing	2.5	80		80						4	4							28	
		28	健康评估 Health Assessment	3.5	56	56								4					4	28		
		29	健康评估技能训练 Simulation Practice of Health Assessment	1.0	32		32							4							28	
		小计 Subtotal		42.5	812	548	200	32	32	15	23	20	12	0	0	0	0					
	集中性实践环节 Intensive Practice Sessions	30	临床护理思维和实践能力综 合训练I Comprehensive Training of Clinical Thinking and Practical Ability I	0.5	1周								1周							28	短学期2	
		小计 Subtotal		0.5	1周																	
	合计 Total				43.0																	
	专业教育课程 Specialized Education	专业核心课程 Core Courses	31	内科护理学 Internal Medicine Nursing	7.0	112	112												5	28		
32			内科 护理学实训 Simulation Practice of Internal Medicine Nursing	1.0	32				32					4						28		

课程类别 Course Type	课程性质 Course Nature	序号No.	课程名称 Course Name	学 分 Credits	总学时 数 Total Credit Hours	学时分配 Credit Hour Distribution				各学期周学时分配 Weekly Hours Per Semester								课程考试 学期 Examina tion Semester	开课 学院 School	备 注 Notes			
						讲 课 Lecture	实 验 Experiment	上 机 Program ming	实 践 Practice	一 1st	二 2nd	三 3rd	四 4th	五 5th	六 6th	七 7th	八 8th						
专业教育课程 Specialized Education	专业核心课程 Core Courses	33	外科护理学 Surgical Nursing	5.5	88	88								6				5	28				
		34	外科护理学实训 Simulation Practice of Surgical Nursing	1.0	32				32						4						28		
		35	儿科护理学 Pediatric Nursing	2.5	40	40										4				6	28		
		36	儿科护理学实训 Simulation Practice of Pediatric Nursing	1.0	32				32							4						28	
		37	妇产科护理学 Obstetrics and Gynecology Nursing	3.0	48	48										4				6	28		
		38	妇产科护理学实训 Simulation Practice of Obstetrics and Gynecology Nursing	1.0	32				32							4						28	
		39	护理伦理与法律 Nursing Ethics and Law	1.5	24	24								2						4	28		
		40	社区护理学 Community and Public Health Nursing	2.0	36	28				8							3			6	28		
		41	精神病护理学 Mental Health Nursing	2.0	36	28				8							3			6	28		
		小计 Subtotal				27.5	512	368	0	0	144	0	0	0	2	22	22	0	0				
				42	预防医学 Phylaxiology	3.5	64	48	16					4								28	
		43	护理研究 Nursing Research	1.0	16	16							4							28	1-8周 (必选)		

课程类别 Course Type	课程性质 Course Nature	序号No.	课程名称 Course Name	学 分 Credits	总学时 数 Total Credit Hours	学时分配 Credit Hour Distribution				各学期周学时分配 Weekly Hours Per Semester								课程考试 学期 Examina tion Semester	开课 学院 School	备 注 Notes	
						讲 课 Lecture	实 验 Experiment	上 机 Program ming	实 践 Practice	一 1st	二 2nd	三 3rd	四 4th	五 5th	六 6th	七 7th	八 8th				
专业教育课程 Specialized Education	专业选修课程 Optional Courses	44	老年和康复护理概论 Gerontological Rehabilitation Nursing	2.0	40	24			16				4						28	9-16周	
		45	护理管理学 Nursing Education	1.5	26	22			4					4						28	1-6周
		46	护理教育学 Nursing Education	1.5	24	24							4							28	必选
		47	护理心理学 Nursing Psychology	1.5	24	24								4						28	1-6周
		48	急危重症和灾难护理学 Critical care and disaster care	2.5	40	40										4				28	
		49	护士人文修养 Nurses' Humanistic Diathesis	1.0	20	12				8		2								28	必选
		50	健康与设计 Health and Design	2.0	40	24				16				4						06	
		51	五官科护理学 Ophthalmology Otorhinolaryngology and Stomatology Nursing	2.0	32	32										4				28	
		52	护理美学 Nursing Aesthetics	1.5	24	24						2								28	
		53	儿童保健学 Child Health Care	1.5	24	24										2				28	
		54	健康教育学 Health Education	2.0	48	16				32				4						28	
55	遗传与优生 Genetics and Eugenics	2.0	32	32								2						28			

课程类别 Course Type	课程性质 Course Nature	序号No.	课程名称 Course Name	学 分 Credits	总学时 数 Total Credit Hours	学时分配 Credit Hour Distribution				各学期周学时分配 Weekly Hours Per Semester								课程考试 学期 Examina tion Semester	开课 学院 School	备 注 Notes		
						讲 课 Lecture	实 验 Experiment	上 机 Program ming	实 践 Practice	一 1st	二 2nd	三 3rd	四 4th	五 5th	六 6th	七 7th	八 8th					
能力拓展课程 Competency Development	专业自主课程 Individualized Courses	62	整合式临床护理案例和学科 前沿 Integrated Clinical Nursing Cases and Discipline Frontiers	1.0	16	16										4			28	必选11-16周		
		63	基础医学综合实验训练 Comprehensive Experiment of Foundation Medicine	1.0	32				32			4								28		
		64	社会医学 Social Medicine	1.5	24	24								2						28		
		65	营养与护理 Nutrition and Nursing	1.5	32	16				16				2						28		
		66	国际（涉外）护士与全球健 康 International Nurses and Global Health	1.5	28	20				8				2						28		
		67	系统整合式护理决策与实践 拓展实训 System-Integrated Nursing Decision-making and Practice Development	1.0	32				32						4					28		
		68	中国传统医学与护理 Traditional Chinese Medicine and Nursing	1.0	22	10				12							4			28	必选11-16周	
		69	急危重症和灾难护理技术 Critical Care and Disaster Nursing Techniques	1.0	32				32								4			28	第3周后	
		小计 Subtotal		9.5	218	86				132			4	6	12							
		修满9.5学分 Completing 9.5 credits																				

课程类别 Course Type	课程性质 Course Nature	序号No.	课程名称 Course Name	学 分 Credits	总学时 数 Total Credit Hours	学时分配 Credit Hour Distribution				各学期周学时分配 Weekly Hours Per Semester								课程考试 学期 Examinatio n Semester	开课 学院 School	备 注 Notes
						讲 课 Lecture	实 验 Experiment	上 机 Program- ming	实 践 Practice	一 1st	二 2nd	三 3rd	四 4th	五 5th	六 6th	七 7th	八 8th			
能力拓展课程 Competency Development	创新实践环节 Innovation Practice	第二课堂 Co-curricular Activities		2.0	按《江南大学本科生第二课堂成绩单实施办法》执行												30			
		创新创业训练 Innovation and Entrepreneurship Training		2.0	按《江南大学本科生创新创业训练学分认定办法》执行												22			
	合计 Total			13.5																
总计 Sum				165.0	2768	1888	216	64	592	26	40	44	43	37	44	1	1			